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Report Visiting Fellowships

Name: Nader Dayerizadeh
 E-mail address: ndayerizadeh@hotmail.com
 Country of residence: The Netherlands
 Country of visiting fellowship: Switzerland
 Name of the host: Dr. P. Christofilopoulos
 Dates of visiting fellowship: September 2021 - April 2022

It is recommended that the report is 3-4 pages including the cover page.
 The following paragraphs should be addressed:

1. Description of clinical activities during the fellowship
2. Description of scientific activities during the fellowship
3. Description of social aspects of the fellowship
4. Technical skills that I learnt during the fellowship
5. Theoretical knowledge that I learnt during the fellowship
6. New knowledge and skills that I can implement in my own practice
7. Overall reflective statement over how the fellowship contributed to my professional development
8. What are you future plans?

Expenses:

Travel: EUR 6000 (plane tickets due to frequent return to the Netherlands)
 Accommodation: EUR 0
 Other expenses: EUR 3000 (transport, groceries etc)

Topic	Please tick one of the boxes <input checked="" type="checkbox"/> 1 (poor) to 5 (very good)					Your comments, thoughts, recommendations
	1	2	3	4	5	
Education						
Could you improve your knowledge and gain new experiences?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Host Department						
How was your communication with your host centre (regarding accommodation, programme, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Did they offer you a social programme?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	But that is due to private Nature of the Hospital



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Report to EFORT:

Text (needs to be minimum of two pages A4 detailed report)



First of all I would like to start thanking EFFORT, La Tour and especially Dr. Christophilopoulos to for organising the visiting Fellowship. The clinical activities start with 2,5 days mean of clinical consultations varying from basic coxarthrosis cases to second opinions to young adult hips and parallel to it the incoming requested Fracture management considering the private nature of the practice. Eventhough it is a mainly Hip and Pelvic pathology the varity of cases is very educational. The high demand patient population, is similarly a challenge to deal with and I think all the in house high quality service provided is definitely a part of proper patient outcome.



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Considering the scientific engagement, to be honest I did have ongoing projects from the latter Fellowship and I was pretty occupied with that and also applications and requirements and obligations did not allow me to be efficiently busy with new research. However I have to admit that Christo is very up to date considering what is new and what is relevant to the surgical procedure so I did learn a lot. Of course there is also a major value of an expert opinion considering steps and decisions of surgical procedures.

As a supervisor I have to say that Christo is very considered with his Fellow and residents and due to the high volume and the presented pathology, challenging cases and second opinions and patient population the educational level and routine of diagnosing the basic and challenging pathology is ultimately rewarding for our knowledge.

In addition we attended an Instructional Cadaver course in Lucerne for AMIS approach and a Symposium concerning Young Adult Hip FAI which we attended. It was very helpful for tip and tricks even though we of course are exposed to the surgeries everyday. Now there was a stepwise structural clear explanation of why we take those steps.

Similarly also very significant is the indication for surgery or not. That is a crucial part of good outcomes of course. In that is Dr. Christophilopoulos a master, because in non-urgent orthopaedic procedures especially in young adults the outcome improvement after the major surgery is of course very important.

In addition I also had much fun with the residents outside work. Both of them during my period were awesome guys. Considering that the Swiss are very preserved and private about their social life, we still had some gatherings at restaurants and visited Geneve sights a couple of times. It is a wonderful, beautiful and very expensive city. I was very thankful that the



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Hospital provided the accommodation right near the Hospital concerning the prices.

To provide an overview of the Fellowship, my experience was very good considering the technical part and the micro and micro efficiency in Hip and Pelvic surgery. The implementation of the techniques and tip and tricks and efficiency in my practice will definitely follow while Dr. Christophilopoulos also offered to support along the way and even offered to visit and support in surgical procedures, which I can only applaud. I am very pleased I attended the fellowship and I would definitely recommend this fellowship for any starting Hip surgeon who want to learn the procedure the proper and efficient way and improve their own patient outcome when necessary.

Many thanks to EFORT, Dr. Christophilopoulos , staff, Hopital de La Tour, the residents and secretary.

And we will see each other soon.

With warm greetings an kind regards

Nader Dayerizadeh