



EFORT FOUNDATION

Visiting Fellowship Report

Name:	Anthony Van Eemeren
E-mail address:	tonyve@telenet.be
Country of residence:	Belgium
Country of visiting fellowship:	France
Host centre:	Clinique Du Sport Paris V
Name of the host:	Dr. Frederic Laude
Dates of visiting fellowship:	19/04/2021-23/07/2021 (3 months)

Topic	Please tick one of the boxes <input checked="" type="checkbox"/> 1 (poor) to 5 (very good)					Your comments, thoughts, recommendations
	1	2	3	4	5	
Education						
Could you improve your knowledge and gain new experiences?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Host Department						
How was your communication with your host centre (regarding accommodation, programme, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	It was direct communication with Dr. Laude, which was fast and clear
Did they offer you a social programme?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	



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Report to EFORT:

1. Description of clinical activities during the fellowship

The fellowship with Dr. Laude at Clinique Du Sport follows a fixed schedule. On Monday and Wednesday, we have our days in the OR together with Cyriel the surgical scrub technician. Most of the time this takes place in 2 OR theatres to perform between 6-8 surgeries a day. OR schedules are composed of THA, revision THA, PAO, hip arthroscopy and surgical dislocation. This gives a daily mix between hip replacement and hip conserving surgery and a nice variation throughout the OR days. On Tuesday and Thursday we have outpatient clinic, where we see a large variety of hip pathology (referrals for complex hip reconstruction, young adult hip, dysplasia, etc...)

2. Description of scientific activities during the fellowship

Because the fellowship I undertook with Dr. Laude was only 3 months, there was no time to start an elaborate study. Therefore we decided to do research about a new surgical technique to treat posterior column fracture after PAO with a percutaneous retrograde screw fixation. Dr. Laude started to use this technique, and we are writing the technique down for publication and are including a cases series.

3. Description of social aspects of the fellowship

I moved to Paris with my wife and 18-month year-old son. When we arrived in Paris in April 2021 there was still a lockdown in effect, which of course limits the activities during your time off. Fortunately, after a month the lockdown was reduced and the city turned back to 'normal'. In short Paris is a wonderful city, we visit it every year, but to live there for a period of 3 months gives you a completely different insight. You start to discover parts, where you otherwise wouldn't end up as a tourist. Because Friday is the fixed day off I could spend a lot of time with my family, visiting museums, different beautiful parks and the fine cuisine Paris has to offer.

The social contact with Dr. Laude was incredible. Every day we took a lunch break; so Dr. Laude took me to a local bistro or to the hospital restaurant during OR days. For him it's important to take a break during the day and start fresh again in the afternoon. This is something I was not used to, but it gives you the chance to drop your concentration for a moment and recharge your batteries. During these breaks there was a relaxed atmosphere and we talked about everything (tips on places to visit, etc). Sometimes we discuss difficult cases, techniques etc, but this happens most of the time in the OR, or during the outpatient clinic.



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4. *Technical skills that I learnt during the fellowship*

- DAA technique with traction table
- DAA technique capsule sparing
- DAA technique with zero release

- Hip arthroscopy peripheral first + capsulotomy (no fluoro)
- Hip arthroscopy with plication of the capsule in instability
- PAO minimal invasive technique
- Surgical dislocation with head reshaping
- Hip revision DAA
- Cup revision with Kerboul Cross

5. *Theoretical knowledge that I learnt during the fellowship*

- Further understanding of hip dysplasia (diagnosis and treatments)
- Concept of micro instability of the hip
- PAO 3D insights
- THA Templating in complex cases

6. *New knowledge and skills that I can implement in my own practice*

- Advantage of the traction table in DAA
 - o No release
 - o No force applied to greater trochanter
 - o Efficiency in revision cases
 - Lesser risk of trochanter fractures
 - Perfect and steady positioning of the leg
- PAO minimal invasive technique through sartorius
- Arthroscopic capsular plication in instability cases

7. *Overall reflective statement over how the fellowship contributed to my professional development*

The fellowship with Dr. Laude was an unforgettable experience both personal and professional. I had an amazing time in Paris and Dr. Laude has given me insights in hip pathology which will help me in the rest of my career.

8. *What are you plans for the future?*

After this fellowship my first-year fellowship has ended, and I will return to Belgium for 5 months to do a Traumatology fellowship at UZ Leuven. At the end of 2021 I will be travelling to Australia to start a 7-month fellowship at the Melbourne orthopaedic group with Prof. Shimmin. That will conclude my 2-year fellowship period in which I had the



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opportunity to work with hip experts all around the world. Afterwards I will start as a Hip Surgeon in Bruges Orthoclinic.