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Name: Neonakis Emmanouil
Country of residence: Greece
Country of visiting fellowship: Italy
Name of the host: Rizzoli Orthopedic Institute
Dates of visiting fellowship: 8/01/2017 – 7/01/2018

EFORT Foundation Visiting Fellowship Report

First and foremost, I would like to thank the EFORT FOUNDATION and MEDACTA for giving me the opportunity to attend this long term visiting fellowship in Rizzoli Orthopedic Institute in Bologna Italy.

I am highly obliged to thank Prof. Cesare Faldini personally, for accepting me and thus giving me the opportunity to experience a high quality educational program.

To make this fellowship possible, I received helpful support from Sanni Hiltunen from the EFORT Head Office. I am very thankful for the patience she provided me.

The fellowship was a one-year clinical fellowship with the goal of developing well-rounded hip and knee arthroplasty surgeon and academic leader. The goal was to offer clinical experience in the operative and non-operative management of arthritis of the hip and knee using conservative and state-of-the-art surgery.

The overall impression was excellent. Rizzoli Orthopedic Institute is a well renowned hospital and the 1st Orthopaedic and Traumatologic Clinic Prof. Cesare Faldini is in charge of, is a reputable reference center for Joint reconstruction, spine surgery, foot and ankle as well as orthopaedic trauma and sport injuries.

The hospital's operating rooms runs from Monday to Friday, and sometimes deals with emergency cases. At the hospital, a variety of primary and revision total hip and knee prosthesis take place on daily basis.

During my stay, I worked as first assistant, in the majority of the cases Prof. Cesare Faldini and Prof. Francesco Traina performed. A minimal invasive Hip Replacement with the AMIS technique was the main objective of my training.

Teaching a preoperative total hip replacement templating using special innovative software was of particular interest during my training and helped me further understand the importance and contribution to a good hip replacement function and outcome.

Scrubbing and assisting in every AMIS hip replacement and learning the specific surgical steps of the procedure as well as useful tips and tricks broadened my knowledge and my experience in hip replacement. I have also learned many secrets in minimal invasive knee replacement and knee arthroscopy as well. Hands-on practice in selected cases under Prof. Faldini supervision gave me a better understanding of the technique. The fast-track programmes used in selective patients



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reduce post-operative length of stay, shorten convalescence and lead to rapid functional recovery.

During my Fellowship, I followed Prof. Faldini in the outpatient clinic twice a week. I had the opportunity to participate in a fruitful and pleasant environment where preoperative assessment and postoperative care and management of patients has been held.

With the help and motivation of my mentors I managed to publish two scientific papers. This achievement could not be possible without the help of my dear colleagues. I've made friends for life and I feel very lucky to have been able to share scientific goals with brilliant doctors I admire and respect. In addition I very much appreciated the hospitality and cooperation with the medical staff.

Overall it was an intensive training program sufficient enough to expand my surgical skills and thus improving my medical services and broaden my professional horizons. Finally I would like to congratulate EFORT FOUNDATION and Prof. Cesare Faldini for undertaking the difficult task of continuous medical education.

With respect,

Neonakis Emmanouil